

HOME CARE NURSE AIDE Curriculum

MODULE 1 Home Care (4 hours)

- MODULE 1-A The history of Home Care/Home Health
- MODULE 1-B Disciplines involved in Home Care
- MODULE 1-C The Home Care Aide's role in Home Care
- MODULE 1-D Supervision of the Home Care Aide

MODULE 2 Legal and Ethical Issues (4 hours)

MODULE 3 Personal Safety (5 hours)

- MODULE 3-A Rights as an employee and harassment
- MODULE 3-B Unsanitary working environment
- MODULE 3-C Travel safety
- MODULE 3-D Safety in the patient's home and chemical hazards
- MODULE 3-E Violence, gangs, and/or possible drug activity in the patient's home

MODULE 4 Person-Centered Care (3 hours)

MODULE 5 Culture (3 hours)

MODULE 6 Age Appropriate Care, Caregiver Burnout, and Patient Abuse (5 hours)

MODULE 7 Infection Control in the Home (4 hours)

MODULE 8 Providing Care for the Patient's Environment (4 hours)

MODULE 9 Time Management (3 hours)

MODULE 10 Relationships with Patients and/or Family (4 hours)

MODULE 11 Communication (4 hours)

- MODULE 11-A Patient and family
- MODULE 11-B Co-workers and supervisors

- MODULE 11-C Reporting and recording
- MODULE 11-D Confidentiality and HIPAA

MODULE 12 Emergency Preparedness (5 hours)

- MODULE 12-A Planning for a disaster
- MODULE 12-B Planning for inclement weather
- MODULE 12-C Responding to an emergency in the home
- MODULE 12-D Fire safety

MODULE 13 Patient Safety (4 hours)

- MODLUE 13-A Fall prevention and response
- MODULE 13-B Equipment safety
- MODULE 13-C Patient Abuse

MODULE 14 Nutrition (5 hours)

- MODULE 14-A My pyramid
- MODULE 14-B Special diets and reading food labels
- MODULE 14-C Food safety and meal preparation
- MODULE 14-D Grocery shopping
- MODULE 14-E Hydration

MODULE 15 The Home Care Aide's Role in Providing Care for the Most Common Diseases Seen in Home Care (5 hours)

MODULE 16 Restorative Care (4 hours)

- MODULE 16-A The Home Care Aide's role in restorative care
- MODULE 16-B Adaptive equipment
- MODULE 16-C Home modifications

MODULE 17 Alzheimer's Disease (5 hours)

- MODULE 17-A Differences between delirium and dementia
- MODULE 17-B Disease progression
- MODULE 17-C Helping/skill building/meaningful day/problem solving

MODULE 18 Pain Management (3 hours)

- MODULE 18-A Role of the Home Care Aide in Pain Management

MODULE 19 Mental Health (4 hours)

- MODULE 19-A Signs and symptoms of mental illness
- MODULE 19-B Causes, symptoms, and treatment
- MODULE 19-C The Home Care Aide's role in helping patients manage symptoms and illness

MODULE 20 Understanding Challenging Behaviors (4 hours)

- MODULE 20-A Key concepts in assisting older adults
- MODULE 20-B Triggers to challenging behaviors
- MODULE 20-C Using good communication skills and problem solving
- MODULE 21-D The Home Care Aide's role with angry, agitated and/or combative patients

MODULE 21 Palliative Care(3 hours)

- MODULE 21-A Overview and philosophy of care
- MODULE 21-B Goals of palliative care

MODULE 22 End of Life Care(5 hours)

- MODULE 22-A Hospice care
- MODULE 22-B The Home Care Aide's role in providing care to the dying patient
- MODULE 22-C The Home Care Aide's role in working with the patient's family

MODULE 22-D Cultural diversity related to end of life care

MODULE 23 Stress Management for Home Care Aides (3 hours)

MODULE 24 The Role of the Home Care Aide in Medication Administration (3 hours)

MODULE 25 Health Care Personnel Registry

MODULE 25-A Required reporting

MODULE 25-B Renewals

MODULE 25-C Career paths